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**UCR HEALTHY CAMPUS PRESENTS:**

# **OUR THIRD ANNUAL HEALTHY CAMPUS CELEBRATION**

**Join us on Zoom:**

**Meeting ID: 951 827 1488**

**Passcode: 3106002793**

**Friday, October 23, 2020**

**2:30 - 3:30 P.M.**

## **AGENDA:**

- **Welcome**
- **Healthy Campus Overview and Video**
- **Quarantine Cooking**
- **Hydration Station Online Map and Educational Posters**
- **Zumba/Dance**
- **Substance Use and Addiction Activity**
- **Live Kind Campaign**
- **Communications and Marketing**
- **Stretch Session**
- **Setting Up Ergonomic Workstation at Home**
- **Meditation - How to Reach Out For Help**
- **Healthy Campus Interactive Polling**



**UCR  
Healthy  
Campus**