

UCR

UCR Healthy Campus Public Health Anti- Racism Forum

Presented by:

Dr. Ann Cheney, Assistant Professor, Department of
Social Medicine, Population and Public Health,
Center for Healthy Communities, School of Medicine

Julie Chobdee, Wellness Program Coordinator, UCR
Human Resources

Devon Sakamoto, Director, The Well

Marisol Torres, Health Educator, The Well

We at UCR would like to respectfully acknowledge and recognize our responsibility to the original and current caretakers of this land, water, and air: the Cahuilla [ka-wee-ahh], Tongva [tong-va], Luiseño [loo-say-ngo], and Serrano [se-ran-oh] peoples and all of their ancestors and descendants, past, present, and future. Today this meeting place is home to many Indigenous peoples from all over the world, including UCR faculty, students, and staff, and we are grateful to have the opportunity to live and work on these homelands.



↑
unmute mic
only when it's
your turn to
speak



↑
turn webcam
on/off



↑
raise your hand
or view who else
is in the meeting



↑
share your
screen when
it's your turn to
present

↑
join the chat
discussion or
share links

↑
leave the
meeting at
the end of
class

Welcome



Deborah Deas, MD, MPH
Vice Chancellor for Health
Sciences
Pam and Mark Rubin Dean
UCR School of Medicine

UCR Healthy Campus

“UCR Healthy Campus is a comprehensive approach to elevate health and well-being at UCR. We are committed to the health of our faculty, staff, and students and embrace an environment that both supports and encourages the health and well-being of our campus community.”

–Kim A. Wilcox, Chancellor

UCR Healthy Campus

The UCR Healthy Campus provides a framework to bring health and well-being to all aspects of UCR and creates a community where health is a priority.

An inclusive strategy that addresses all members of the community and creates a healthier environment for all.

Leadership Team



Healthy Campus Champion

Deborah Deas, Dean
School of Medicine (SOM)



Co-Chair

Ann Cheney, Assistant Professor – Center for Healthy Communities
School of Medicine (SOM)



Co-Chair

Julie Chobdee, MPH, Wellness Program Coordinator
Human Resources

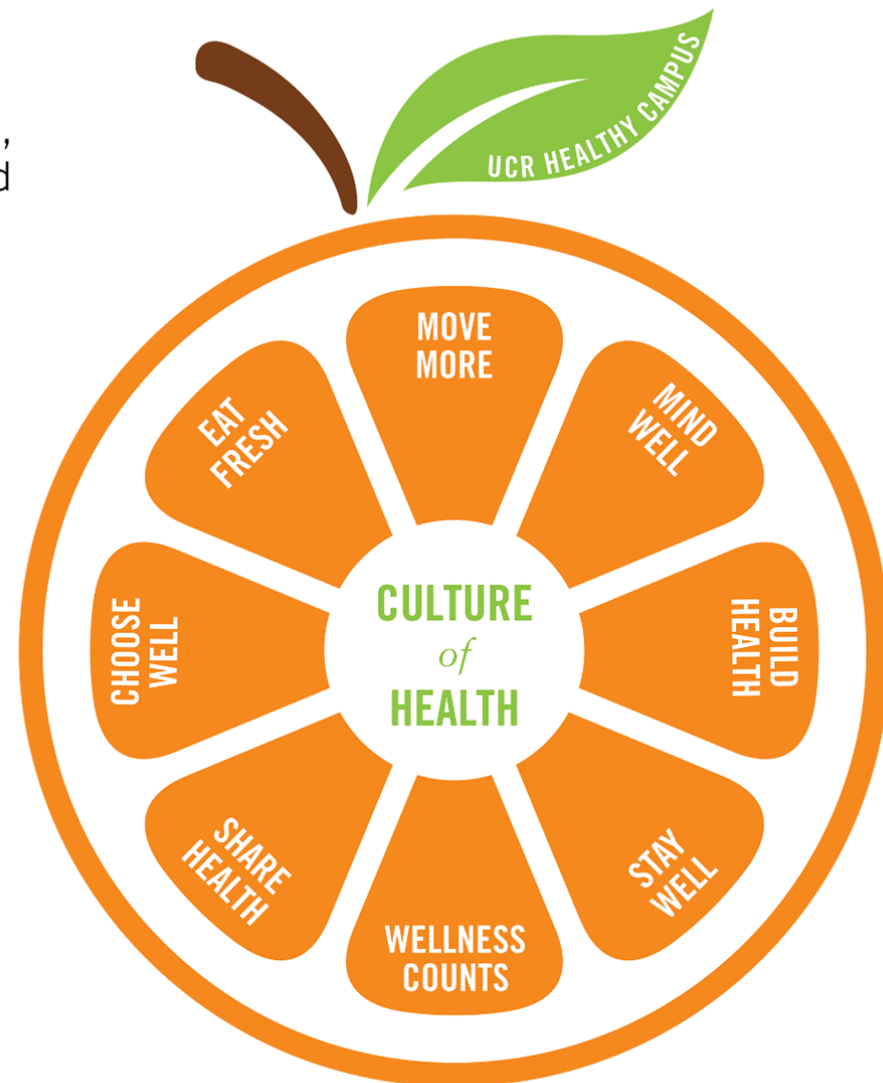
UCR Healthy Campus Subcommittees

VISION

To be the model healthy campus, inspiring and infusing health and well-being into all of its facets.

MISSION

UCR Healthy Campus will collaborate with campus and community partners to create a campus culture of health by incorporating health into all policies, programs, services, and learning, teaching, and working environments. Our goal is to make UCR a university of choice.



Purpose and Evolution of Subcommittee and Forum

- Subcommittee's beginnings
- If a dedicated Public Health Committee could be created to tackle the COVID crisis on campus, we wanted to develop a group to look at the racism crisis through a public health lens.
- We want the subcommittee to be built by people interested in furthering the work (mission, vision, structure)
- This forum is our first step - Thank you for your participation!

Forum goals and expected outcomes

The Goals of the forum are to:

- 1) Bring together diverse voices and perspectives
- 2) Discuss racism as it exists in our campus culture
 - a) How does it presents itself in our working and learning environments and campus events and activities?
- 3) Discuss existing efforts and how we can build on them
- 4) Identify actionable steps toward creating an antiracist campus culture

The Expected Outcomes are:

- 5) Actionable steps we, as a campus community, can move forward
- 6) Creation of an antiracism subcommittee

Important concepts and terms to consider

Racism as a public health crisis

- acknowledgement of the harmful effects of structural inequality and systemic oppression on people of color
- acknowledgement by non-Black people of color in positions of power and authority to accept as true the health effects of race-based inequalities on people of color

Institutional and systemic racism

- “policies and practices entrenched in established institutions, which result in the exclusion or promotion of designated groups.”

Ground Rules

- Come ready to learn
- Use inclusive language
- Accept your privilege
- Consciously listen
- Allow everyone a chance to speak
- Speak one at a time
- Avoid assumptions
- Keep information confidential
- Mute yourself when you are not speaking
- Turn off cell phones and technology
- Take a break

Resources

UCR Office of Diversity, Equity & Inclusion
diversity.ucr.edu

For Students:

Counseling and Psychological Services (CAPS)
counseling.ucr.edu, 951-827-5531

AVC/Dean of Students, Ethnic & Gender Departments
deanofstudents.ucr.edu

For Staff & Faculty:

Faculty & Staff Assistance Program (FSAP)
hr.ucr.edu/employee-resources/faculty-and-staff-assistance-program

Background Presentation

By Mariam Lam/Willis Harris (20 minutes)

- Overview of racism as a public health concern
- Health disparities and climate
- Discuss what health equity means
- Systemic vs individual racism and examples of solutions

Breakout Sessions

- Participants will be assigned to a breakout room and participate in a group discussion with other students, staff, faculty, and community partners
- Each breakout room is facilitated by trained facilitator and notetaker
- Each group will have 45 minutes to discuss three questions
- Participants will be brought back to the main session for a group report out and discussion of next steps

Group Report Out

Each group will have 2 minutes to report key highlights on what the group discussed.

We will begin with the spokesperson from breakout room 1 and continue in order.

Report Out

What are some ways racism shows up in our campus culture?

What are some ways the campus community is already addressing race and racism?

What are some actions that members of our campus community can take?

- What can we collectively do as a campus community?
- What actionable steps can the greater Riverside community take?
- What actional steps can individuals, like yourselves, take?

Announcements:

- Post Forum Survey
- List of Resources from Office of DEI



Interested in joining the Public Health Anti-Racism Subcommittee?

**Thank you from UCR
Healthy Campus!**

Healthycampus.ucr.edu