

2020 Grant Recipients

| Project Title | Grant Recipient | Mentor | Description |
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| Fruit for All | Melanie Ramiro, Communications Specialist UCR Library | | This project is to encourage healthy eating habits, combat food insecurity among students, reduce food waste from trees grown on campus, and increase awareness of free food resources. The project team will design and install physical signage near each of the fruit trees to alert UCR community members that the fruit is edible. This project will include 75 signs for 103 fruit trees and a digital interactive map with the assistance of the Geospatial Club. |
| Social Connectedness and Collective Healing in the Academic Profession | Evelyn Morales Vazques, Postdoctoral Scholar | Ann Cheney, Assistant Professor Department of Social Medicine Population and Public Health | Using sequential exploratory design, this project has two objectives. The first is to explore, through photovoice and focus groups, the emotional reactions and behavior that influence prospective faculty members' perceived levels of social connectedness, isolation and emotional socialization. The second is to identify the beliefs, emotional reactions, and behaviors that influence healthier practices towards prospective faculty members. |
| R'Mate | Michalis Faloutsos, Computer Science Professor | Humbert Quesada, Computer Science Graduate Student | Using their mobile application and interactive admin dashboard, R'Mate, this project plans to evaluate current physical habits of students and their mental state through surveys. The objective of this project is to examine the effectiveness of health initiatives and explore ideas to gently nudge students towards better behavior. |
| UCR Virtual 5K | MaryAnn Gochicoa, Director of Fundraising Staff Assembly | Jeff Girod, Director of Communications Staff Assembly | This project is to provide a community-building event through a virtual race. This race will promote walking, jogging, and running, or using the best method suited for the individual participant. The objective is increase belonging by participating in a shared experience that promotes healthy lifestyles. |
| Exploring the Mental Health and Well-Being of UCR Faculty and Graduate Students: Imposter Syndrome and Beyond | Pamela Sheffler Psychology | Rachel Wu PhD Department of Psychology | This project plans to distribute an online survey program to investigate the mental health and well-being of UCR faculty and graduate students. The goals are to identify the most prevalent mental health related issues faced among the community, analyze the relationships between mental health issues and related constructs, develop a non-clinical, self-diagnosis checklist tool to help gauge work related mental health issues, and finally, to raise awareness and provide resources for mental health issues in academia. |

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| Camp Highlander | Carl Dugdale Coordinator of Youth Programs | | This project plans to host camp on campus for the youth. The project team plans to expand equitable access to the outdoors and healthy activities, fund projects to help combat the challenges with Riverside heat, support healthy nutrition and other healthy initiatives, expand collaborations with departments and faculty who promote healthy activities, and have UCR students work as counselors, instructors, and mentors in these programs. |
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