

Project Title	Grant Recipient	Mentor	Description
UCR Healthy Choice Architecture Competition	Ye Li, Assistant Professor of Management in School of Business		This project is meant to reorient the Choice Architecture class project into a UCR Healthy Campus sponsored choice architecture competition for students enrolled in the Business 143 course. There will be an implementation of up to four different “nudges” designed to improve Healthy Campus objectives such as improving healthy eating on campus. By participating in the project, students will gain valuable experience in choice architecture, project management, marketing and data analysis.
We R’Well	Steven Nguyen, Assistant Clinical Professor, Health Sciences in School of Medicine, Family Medicine	Teresa Khoo, Assistant Clinical Professor, Health Sciences in School of Medicine, Family Medicine	The goal of the project is to create a change in culture by redefining wellness with the development and implementation of a wellness toolkit in the UCR Palm Springs Family Medicine Residency Program. Some of the objectives will be to enhance existing policies and activities under the committee, implemented sponsored wellness events, and synthesize a collection of resources in efforts to further develop a stronger base of support between faculty members and residents and overall promote wellness in the community.
Mindfulness-Based Sustainability	Steven Quach, Undergraduate Student in Religious Studies-Transnational Buddhism, Designated Emphasis in Medical and Health Humanities	Matthew King, Assistant Professor in Religious Studies	The project is a three-day workshop during the week of Earth Day. The workshop is intended to show that there are mindful ways of recycling, consuming and eating that directly and positively affect sustainability. It hopes to encourage undergraduate students to make positive decisions towards a more sustainable future.
Enhancing Nutritious Food Access and Healthy Choices at the UC Riverside R’Pantry	Larysha Green, Graduate Student at School of Public Policy	Maria Omary, Graduate Student at School of Public Policy	The project plans to address the issues of 62% of UCR students are experiencing food insecurity and how 40% of food is wasted worldwide. It hopes to bridge the gap between the R’Pantry’s access to fresh produce and grocery store donations in the city of Riverside in efforts to combat food insecurity and food waste issues.
Green Labs Education Project	Fortino Morales, Sustainability Officer, UCR Office of Sustainability	Elizabeth Deyett, Project Manager, UCR Office of Sustainability	The project has two main objectives: (i) to reduce the university’s water and energy waste by implementing new programs and installing energy efficient equipment across research buildings and (ii) educating lab personnel on sustainable culture and empowering students, faculty, and staff to reduce waste in their own laboratories. It will achieve large scale reduction in waste, energy, and water consumption in UCR labs. The Green Labs project will hope to educate and engage researchers on campus in creating a healthier and more sustainable lab environment.

Staff Wellness and Resiliency Workshop	Karla Aguilar Director, CARE	Aurea Victoria Trauma-Informed Yoga Instructor & Resilience Educator	To educate and empower university staff with practical tools for self-care and a sustainable way of conducting their work. By educating staff about the realistic empathetic demands of their roles and the true weight of such emotional labor, they will be better equipped to notice the symptoms of burnout and empowered to implement personal practices and self-care tools that enable them to take charge of their own healing and resiliency.
College Men’s Conceptualization, Communication and Interpretation of Sexual Consent	Logan Z. Marg PhD Candidate /Graduate Student Researcher	Dr. Tanya Nieri Associate Professor, Sociology	This project is the second part of a two-part study. The first part of this study, which was funded by a Health Campus Initiative Grant last year, uses in-depth interviews to understand how a racially/ethnically diverse sample of heterosexual college men conceptualize, communicate and interpret sexual consent. The present project builds upon that work through sexual activity diaries and diary debriefing interviews with a subsample of participants.
Get Moving While Graduating: Promoting Opportunities to be Active Throughout the Day for Graduate Students	Maiko Le Lay PhD Candidate, Critical Dance Studies	Hilary Jenks Director, GradSuccess	Implement programming to improve graduate student movement and relaxation while they are working and increase their productivity through various programs organized by GradSuccess UCR. This would include programs such as weekly coffee socials and dissertation-writing sessions, quarterly Stress Relief Fair and Chill Out sessions, numerous workshops and individual consultations. Located in Grad Division, it is the primary resource for graduate students’ wellness, mentorship and professional development.
R’Garden Community Supported Agriculture	Alex Armendariz Intern, R’Garden	Evelyn Hurtado Co-Director, R’Garden	The goal of the proposed project is to increase access to Basic Needs on campus by launching a Community Supported Agriculture (CSA) program in which students can become members. The project plans to implement the use of gable box packaging in order to create a CSA box of fresh produce. In cooperation with the R’Pantry, these gable boxes will be distributed to students in need of fresh produce. Along with fresh produce, the boxes will also include print materials of basic needs resources here on campus, recipes to accompany the produce they are receiving, and information on seasonal produce.
The Effects of Deportation-Related Stress on Academic Performance Among College Students in Trump’s America	Shirley Leanos Graduate Student, Psychology	Annie Ditta Postdoctoral Researcher	The overall goal of this project is to obtain more insight into the effects of deportation-related stress that may be experienced by a large portion of individuals on the UCR campus. We predict that this project will help attenuate such feelings by shedding light on the impact that deportation issues can have on students’ mental health, as well as other domains, such as academic performance.

Grant Recipients

Safe Sex Vending Machine	Elizabeth Kavarianian Co-president, PPGA Stephanie Orozco Women's Sexual Health and Empowerment Programmer, UCR Women's Resource Center	Julienne DeGeyter Director, Student Health Services	Offer vending machines that contain items such as Plan B, condoms, pregnancy tests, lube, pads, tampons, UTI pain relief medication, yeast infection pain relief medication, and more. These items will be low-cost and accessible most of the day.
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