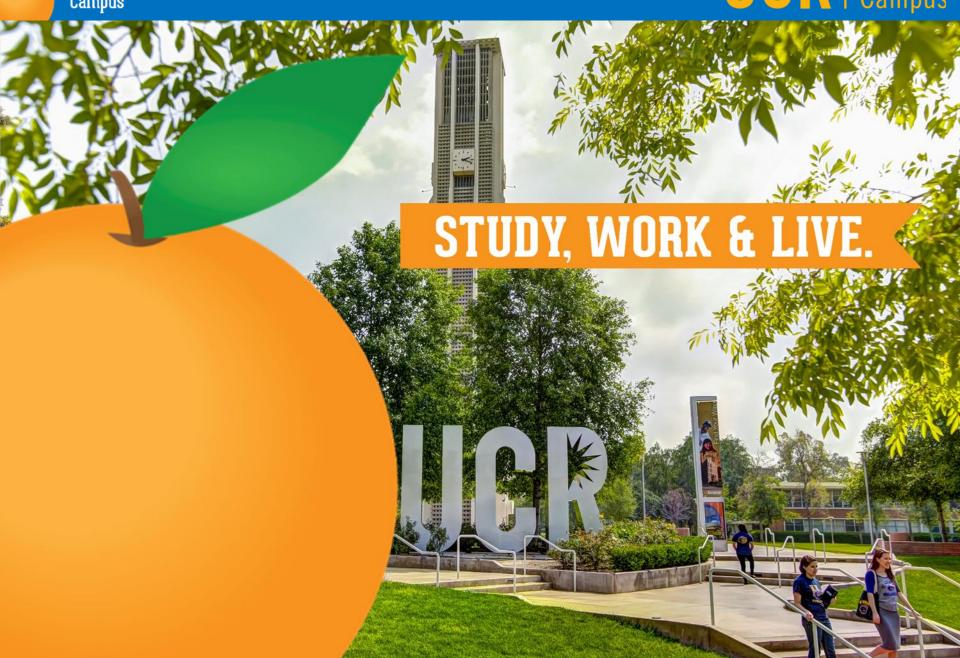


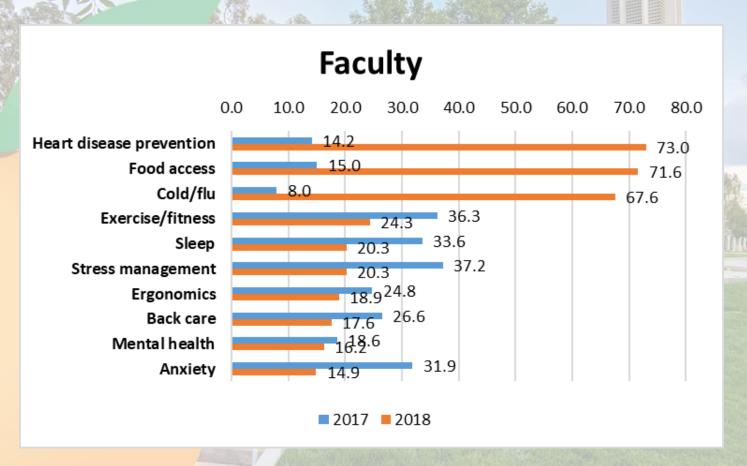
UCR HCI Campus Wide Survey Stratified by UCR Affiliation (2017 vs. 2018)

UCR Statistical Consulting Collaboratory 09/21/2018









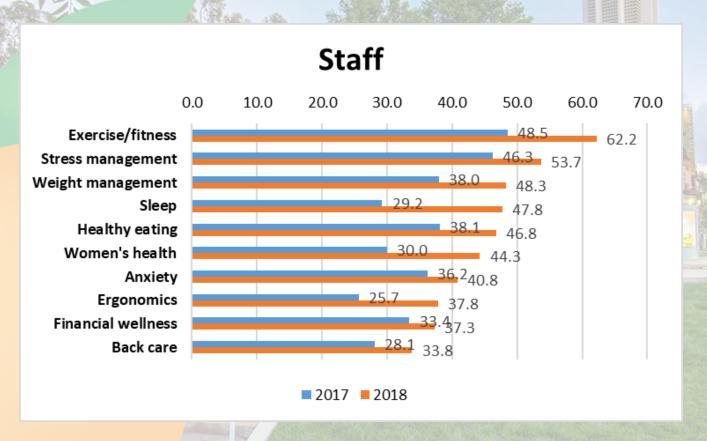




	Perce	ntage	Chi-square	Significant difference	
12/	2017	2018	Test p-value	between years?	
Heart disease prevention	14.2	73.0	0.000	Yes	
Food access	15.0	71.6	0.000	Yes	
Cold/flu	8.0	67.6	0.000	Yes	
Exercise/fitness	36.3	24.3	0.119	No	
Sleep	33.6	20.3	0.069	No	
Stress management	37.2	20.3	0.022	Yes	
Ergonomics	24.8	18.9	0.447	No	
Back care	26.6	17.6	0.211	No	
Mental health	18.6	16.2	0.826	No	
Anxiety	31.9	14.9	0.014	Yes	

Faculty are concerned significantly more about heart disease prevention, food access, cold/flu, and less on stress management and anxiety in 2018 compared to 2017.





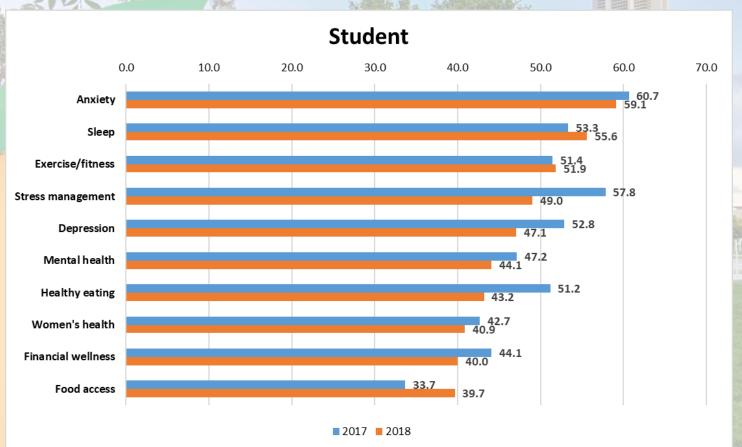




	Perce	ntage	Chi-square	Significant difference	
	2017	2018	Test p-value	between years?	
Exercise/fitness	48.5	62.2	0.001	Yes	
Stress management	46.3	53.7	0.069	No	
Weight management	38.0	48.3	0.010	Yes	
Sleep	29.2	47.8	0.000	Yes	
Healthy eating	38.1	46.8	0.031	Yes	
Women's health	30.0	44.3	0.000	Yes	
Anxiety	36.2	40.8	0.263	No	
Ergonomics	25.7	37.8	0.001	Yes	
Financial wellness	33.4	37.3	0.339	No	
Back care	28.1	33.8	0.130	No	

Staff are concerned significantly more about exercise/fitness, weight management, sleep, healthy eating, women's health, ergonomics in 2018 compared to 2017.









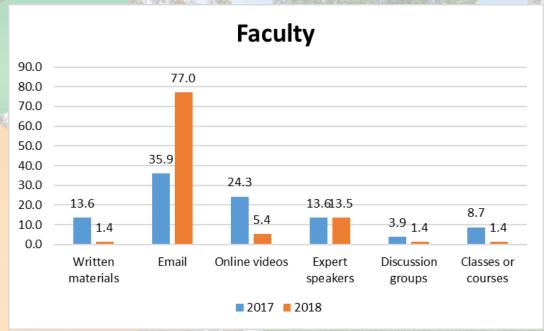
	ARREST	55, 1989000		
£ .	Perce	ntage	Chi-square	Significant difference
A.	2017	2018	Test p-value	between years?
Anxiety	60.7	59.1	0.671	No
Sleep	53.3	55.6	0.522	No
Exercise/fitness	51.4	51.9	0.943	No
Stress management	57.8	49.0	0.008	Yes
Depression	52.8	47.1	0.084	No
Mental health	47.2	44.1	0.369	No
Healthy eating	51.2	43.2	0.015	Yes
Women's health	42.7	40.9	0.622	No
Financial wellness	44.1	40.0	0.223	No
Food access	33.7	39.7	0.062	No

Students are concerned significantly less about stress management and healthy eating in 2018 compared to 2017.





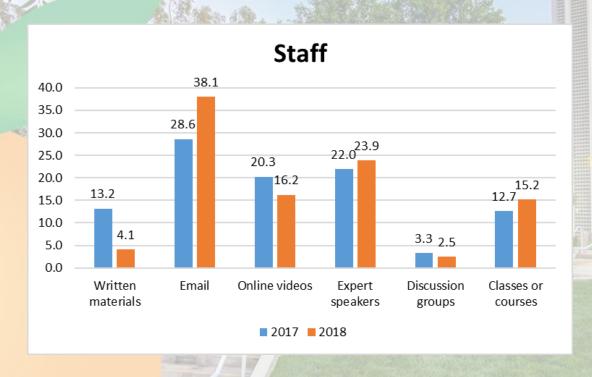
Q2: There are many ways to get health information on campus; which way do you most prefer?



Frequency distributions are significantly different between 2017 and 2018 (chisquare test p-value < .0001). Much more faculty prefer email and the percentage increased significantly in 2018.



Q2: There are many ways to get health information on campus; which way do you most prefer?

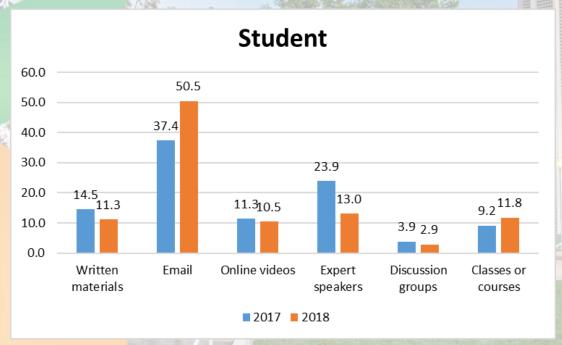


Frequency distributions are significantly different between 2017 and 2018 (chi-square test p-value = 0.002). The percentage of email increased significantly in 2018.



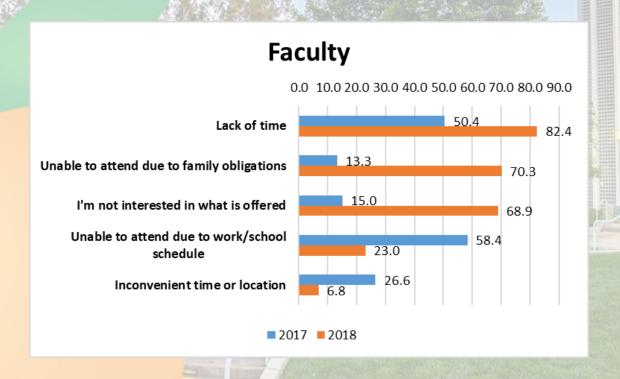


Q2: There are many ways to get health information on campus; which way do you most prefer?



Frequency distributions are significantly different between 2017 and 2018 (chisquare test p-value < .0001). More students prefer email, and less students prefer expert speakers in 2018 compared to 2017.





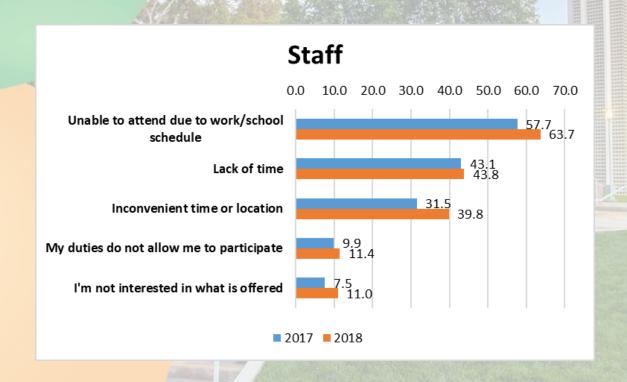




	Percentage		Chi-square	Significant difference
	2017	2018	Test p-value	between years?
Lack of time	50.4	82.4	0.000	Yes
Unable to attend due to family obligations	13.3	70.3	0.000	Yes
I'm not interested in what is offered	15.0	68.9	0.000	Yes
Unable to attend due to work/school schedule	58.4	23.0	0.000	Yes
Inconvenient time or location	26.6	6.8	0.001	Yes





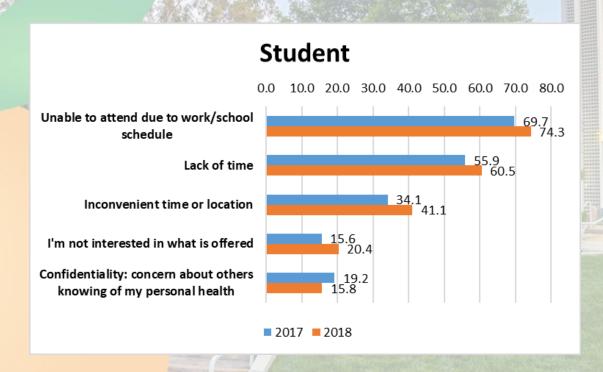






	Perce	Percentage		Significant difference
	2017	2018	Chi-square Test p-value	between years?
Unable to attend due to work/school schedule	57.7	63.7	0.144	No
Lack of time	43.1	43.8	0.920	No
Inconvenient time or location	31.5	39.8	0.032	Yes
My duties do not allow me to participate	9.9	11.4	0.611	No
I'm not interested in what is offered	7.5	11.0	0.148	No





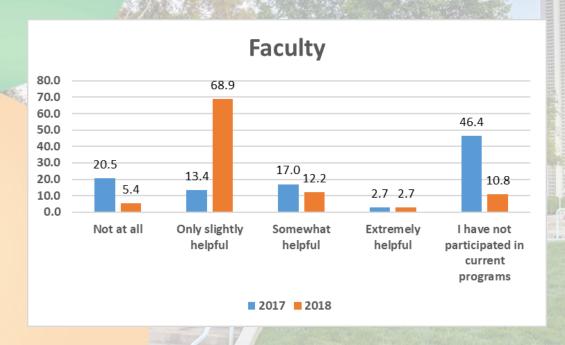




	Percentage		Chi-square	Significant difference
	2017 2018 Test p-value	between years?		
Unable to attend due to work/school schedule	69.7	74.3	0.121	No
Lack of time	55.9	60.5	0.165	No
Inconvenient time or location	34.1	41.1	0.031	Yes
I'm not interested in what is offered	15.6	20.4	0.070	No
Confidentiality: concern about others knowing of my personal health	19.2	15.8	0.183	No



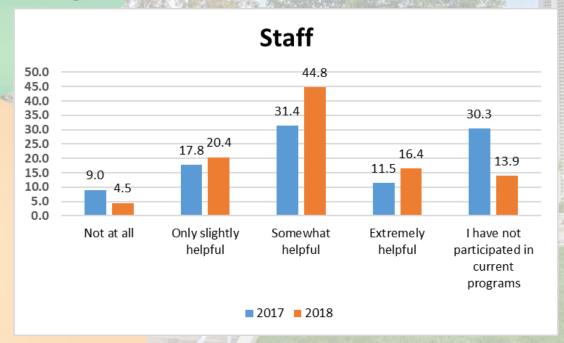
Q4: How helpful have current wellness programs been in helping you reach your wellness goals?



Frequency distributions are significantly different between 2017 and 2018 (chisquare test p-value < .0001). More faculty participated in wellness programs and thought the programs are at least slightly or somewhat helpful in 2018.



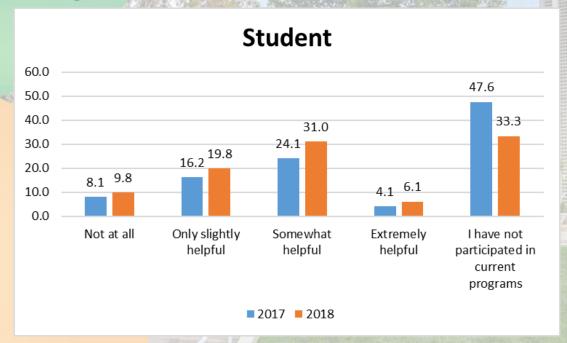
Q4: How helpful have current wellness programs been in helping you reach your wellness goals?



Frequency distributions are significantly different between 2017 and 2018 (chisquare test p-value < .0001). More staff participated in wellness programs and thought the programs are at least slightly or somewhat helpful in 2018.



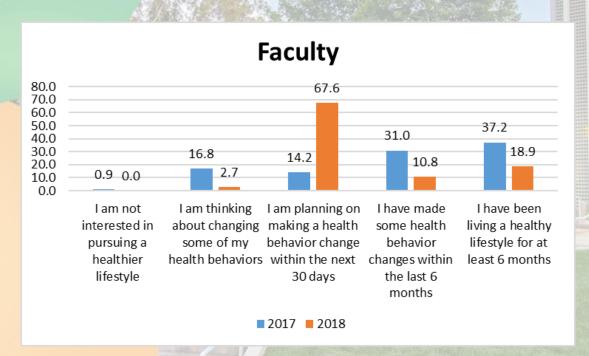
Q4: How helpful have current wellness programs been in helping you reach your wellness goals?



Frequency distributions are significantly different between 2017 and 2018 (chisquare test p-value < .0001). More students participated in wellness programs and thought the programs are at least slightly or somewhat helpful in 2018.



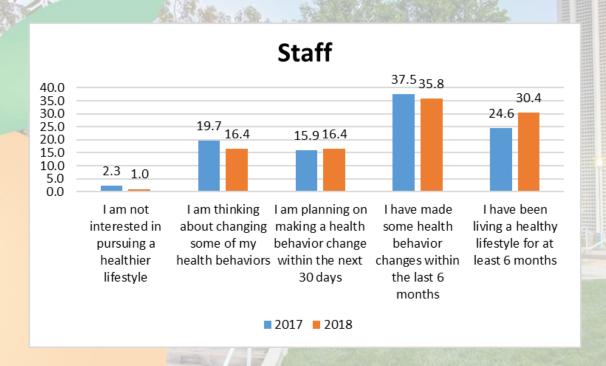
Q5:In which of the following categories do you place yourself?



Frequency distributions are significantly different between 2017 and 2018 (chi-square test p-value < .0001). Less faculty thought they have made some health behavior changes or been living a healthy lifestyle in 2018, but more faculty are planning on making a health behavior change.



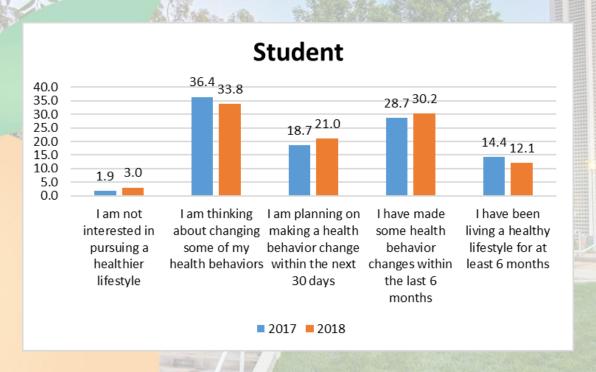
Q5:In which of the following categories do you place yourself?



There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.345).

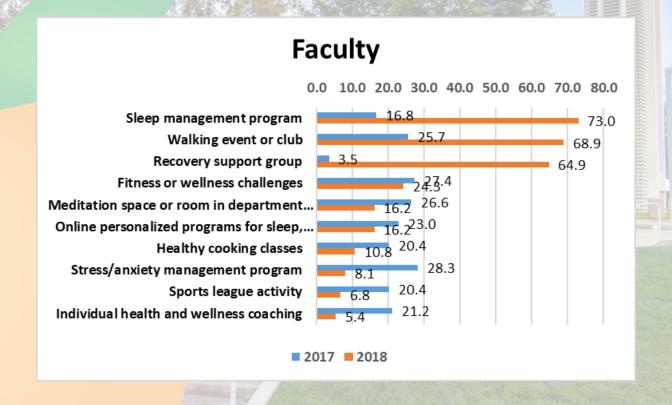


Q5:In which of the following categories do you place yourself?



There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.495).







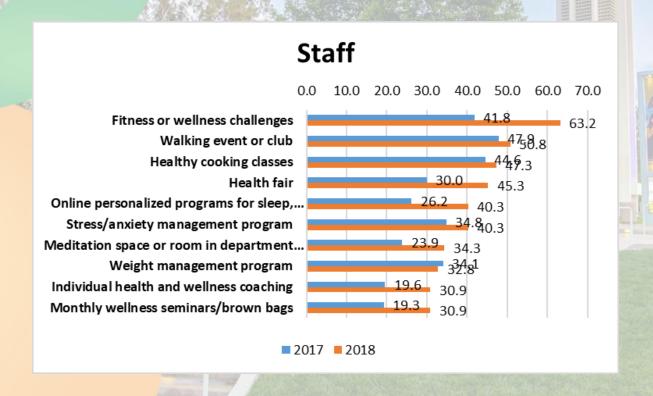
10.00			4-4-1	
	Percentage		Chi-square	Significant difference
1	2017	2018	Test p-value	between years?
Sleep management program	16.8	73.0	0.000	Yes
Walking event or club	25.7	68.9	0.000	Yes
Recovery support group	3.5	64.9	0.000	Yes
Fitness or wellness challenges	27.4	24.3	0.762	No
Meditation space or room in department or building	26.6	16.2	0.140	No
Online personalized programs	23.0	16.2	0.346	No
Healthy cooking classes	20.4	10.8	0.130	No
Stress/anxiety management program	28.3	8.1	0.002	Yes
Sports league activity	20.4	6.8	0.019	Yes
Individual health and wellness coaching	21.2	5.4	0.006	Yes





Faculty would participate much more in a sleep management program, walking event or club, recovery support group, and less in stress/anxiety management program, sports league activities, individual health and wellness coaching in 2018 compared to 2017.









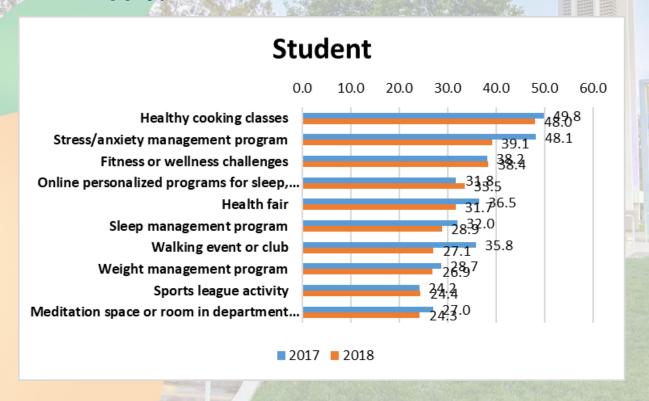
	Percentage		Chi-square	Significant difference
	2017	2018	Test p-value	Charles and the country of the count
Fitness or wellness challenges	41.8	63.2	0.000	Yes
Walking event or club	47.9	50.8	0.522	No
Healthy cooking classes	44.6	47.3	0.550	No
Health fair	30.0	45.3	0.000	Yes
Online personalized programs	26.2	40.3	0.000	Yes
Stress/anxiety management program	34.8	40.3	0.173	No
Meditation space or room in department or building	23.9	34.3	0.003	Yes
Weight management program	34.1	32.8	0.809	No
Individual health and wellness coaching	19.6	30.9	0.001	Yes
Monthly wellness seminars/brown bags	19.3	30.9	0.001	Yes





Staff would participate much more in fitness or wellness challenges, health fair, online personalized programs, meditation space and room in department or building, individual health and wellness coaching, and monthly wellness seminar in 2018 compared to 2017.









(4)	Percentage		Chi-square	Significant difference
	2017	2018	Test p-value	between years?
Healthy cooking classes	49.8	48.0	0.621	No
Stress/anxiety management program	48.1	39.1	0.006	Yes
Fitness or wellness challenges	38.2	38.4	0.988	No
Online personalized programs	31.8	33.5	0.621	No
Health fair	36.5	31.7	0.130	No
Sleep management program	32.0	28.9	0.321	No
Walking event or club	35.8	27.1	0.004	Yes
Weight management program	28.7	26.9	0.587	No
Sports league activity	24.2	24.4	0.986	No
Meditation space or room in department or building	27.0	24.3	0.361	No



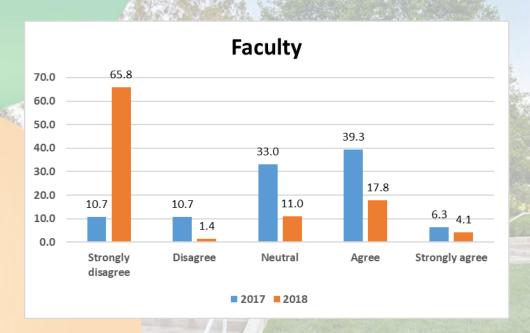


Students would participate less in stress/anxiety management program and walking event or club in 2018 compared to 2017.





Q7: UCR has a culture and environment that promotes and supports health and well-being for its faculty, staff and students.



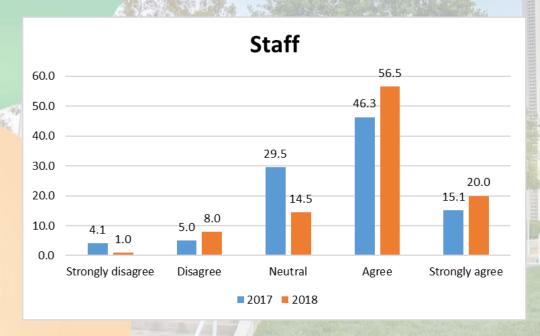
Frequency distributions are significantly different between 2017 and 2018 (chisquare test p-value < .0001). More faculty strongly disagree that UCR has a culture and environment that promotes and support health and well-being in 2018 compared to 2017.





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Q7: UCR has a culture and environment that promotes and supports health and well-being for its faculty, staff and students.

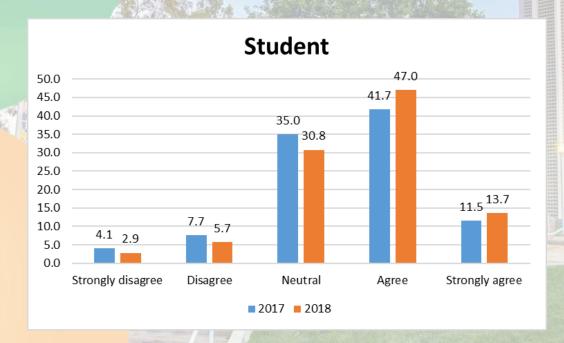


Frequency distributions are significantly different between 2017 and 2018 (chisquare test p-value < .0001). More staff agree or strongly agree that UCR has a
culture and environment that promotes and support health and well-being in
2018.





Q7: UCR has a culture and environment that promotes and supports health and well-being for its faculty, staff and students.

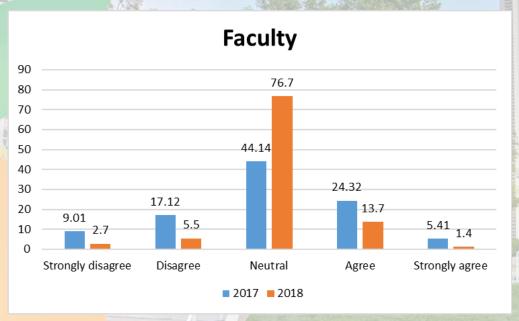


There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.185).





Q8: Leaders at UCR are actively engaged in promoting and role-modeling health and well-being.

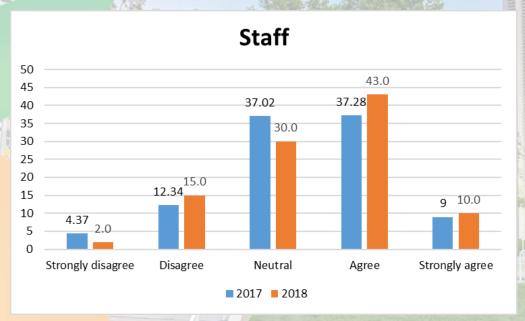


Frequency distributions are significantly different between 2017 and 2018 (chi-square test p-value < .0001). More faculty chose neutral in 2018.





Q8: Leaders at UCR are actively engaged in promoting and role-modeling health and well-being.

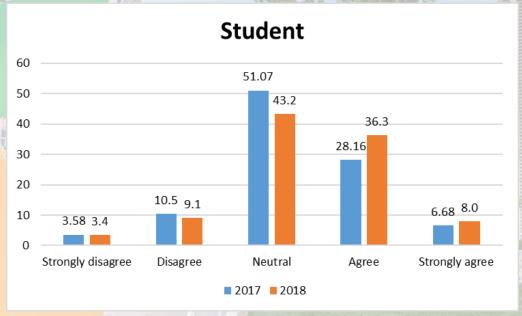


Frequency distributions are not different between 2017 and 2018 (chi-square test p-value =0.141).





Q8: Leaders at UCR are actively engaged in promoting and role-modeling health and well-being.

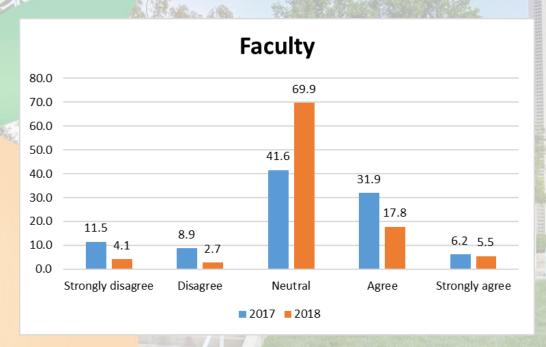


Frequency distributions are not different between 2017 and 2018 (chi-square test p-value =0.059).





Q9: UCR cares about my health and personal well-being.

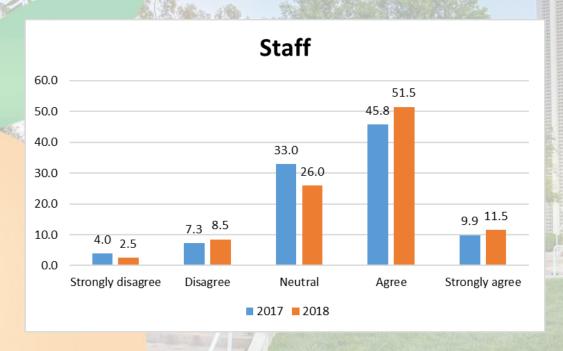


Frequency distributions are significantly different between 2017 and 2018 (chi-square test p-value = 0.004). More faculty chose neutral in 2018.





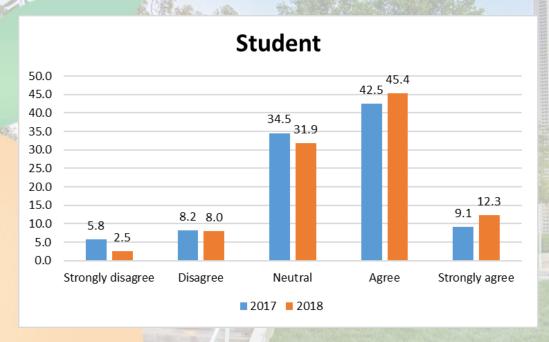
Q9: UCR cares about my health and personal well-being.



Frequency distributions are not different between 2017 and 2018 (chi-square test p-value = 0.267).



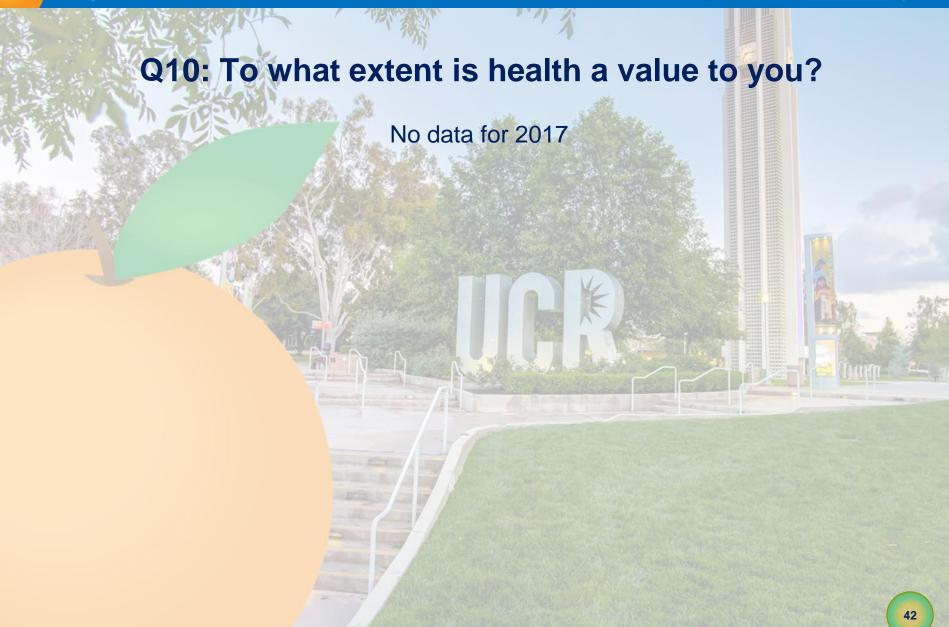
Q9: UCR cares about my health and personal well-being.



Frequency distributions are not different between 2017 and 2018 (chi-square test p-value =0.059).



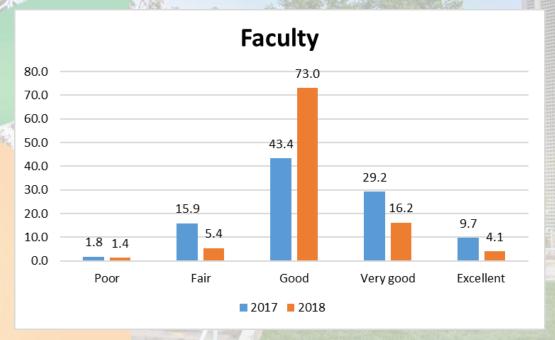








Q11: In general, how would you describe your overall health?

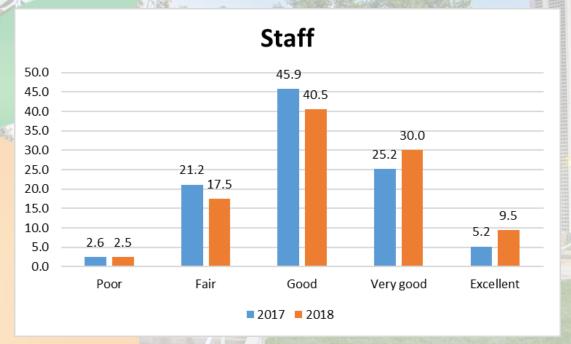


Frequency distributions are significantly different between 2017 and 2018 (chi-square test p-value = 0.002). More faculty think their overall health is good in 2018.





Q11: In general, how would you describe your overall health?

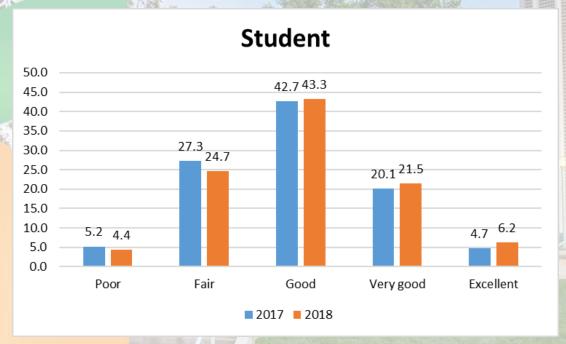


There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.083).





Q11: In general, how would you describe your overall health?

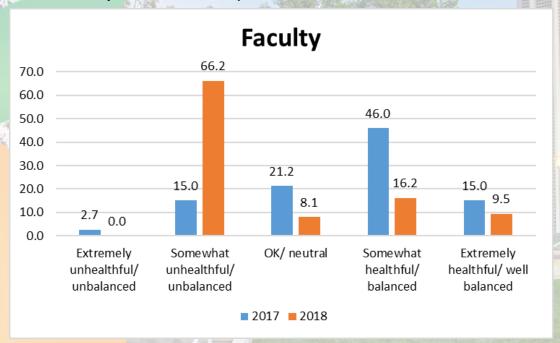


There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.718).



Q12: How would you rate your own dietary intake?

(Based on parameters*)

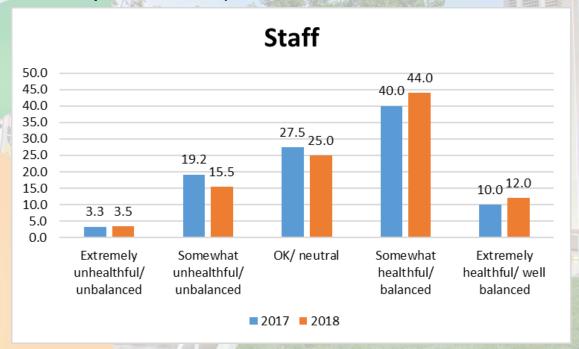


Frequency distributions are significantly different between 2017 and 2018 (chisquare test p-value < 0.001). More faculty rate their dietary intake somewhat unhealthful or unbalanced in 2018.



Q12: How would you rate your own dietary intake?

(Based on parameters*)

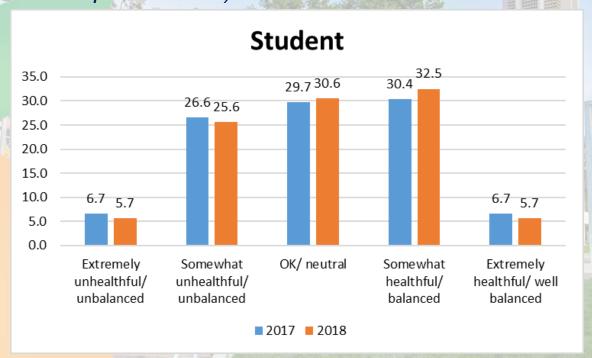


There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.592).



Q12: How would you rate your own dietary intake?

(Based on parameters*)

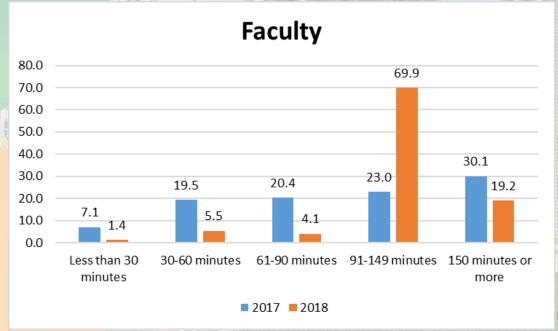


There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.873).





Q13: How many minutes of moderate physical activity do you usually get per week?

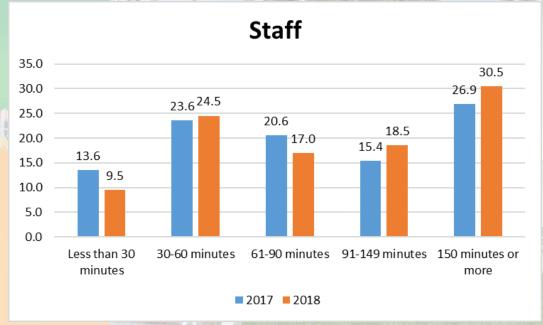


Frequency distributions are significantly different between 2017 and 2018 (chisquare test p-value < 0.001).





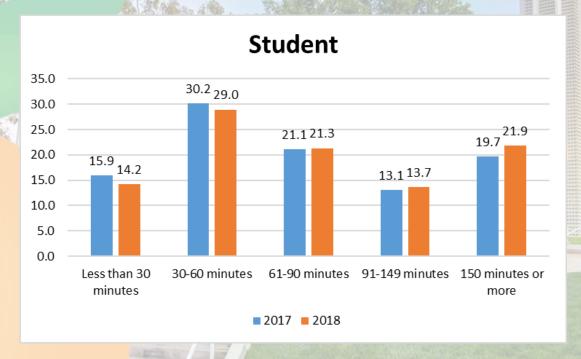
Q13: How many minutes of moderate physical activity do you usually get per week?



There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.297).



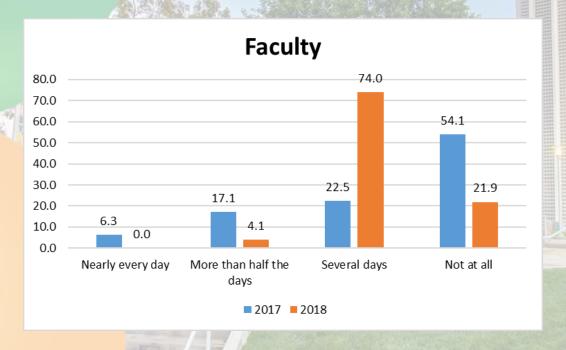
Q13: How many minutes of moderate physical activity do you usually get per week?



There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.881).



Q14: In the past week, how much has your mood interfered with your social life and relationships?



Frequency distributions are significantly different between 2017 and 2018 (chi-square test p-value < .0001). More faculty has their mood interfered with their social life and relationships in 2018, but most of them (74%) only have several days in the past week.





Q14: In the past week, how much has your mood interfered with your social life and relationships?

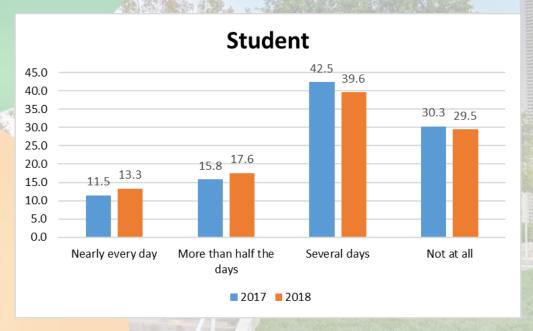


There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.621).





Q14: In the past week, how much has your mood interfered with your social life and relationships?

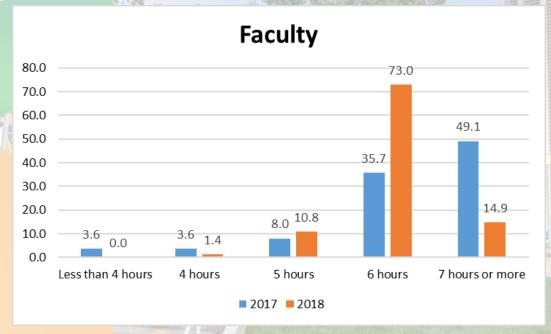


There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.640).





Q15: How many hours of sleep do you usually get per night?

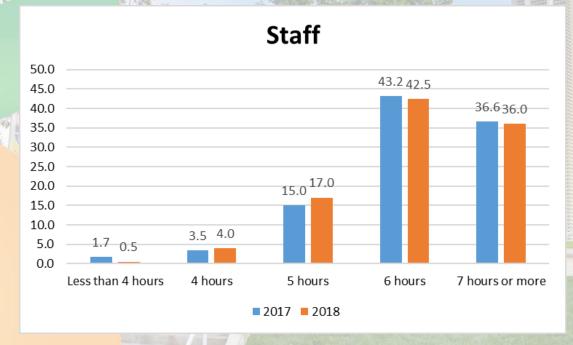


Frequency distributions are significantly different between 2017 and 2018 (chi-square test p-value < 0.001). More faculty sleep 6 hours per night in 2018.





Q15: How many hours of sleep do you usually get per night?

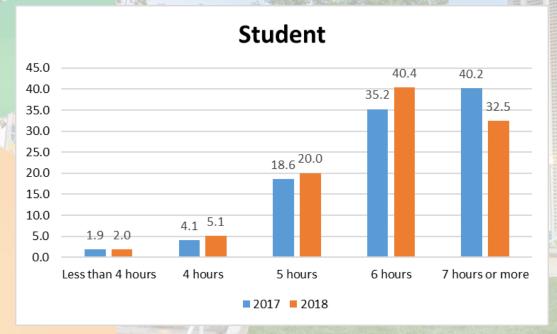


There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.721).





Q15: How many hours of sleep do you usually get per night?



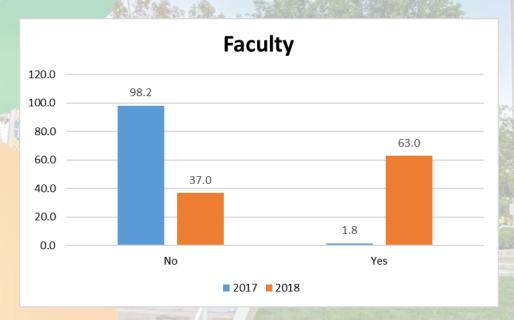
There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.155).





Q16: Do you currently use tobacco products?

(Cigarettes, smokeless tobacco, electronic nicotine device systems: e-cigs, etc.)

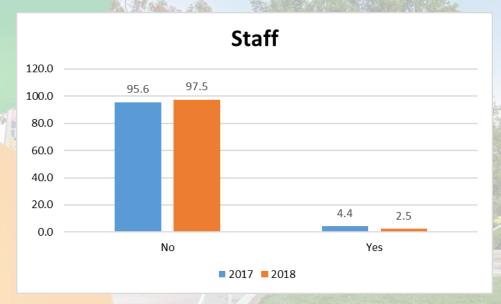


Frequency distributions are significantly different between 2017 and 2018 (chi-square test p-value < .0001). More faculty use tobacco products in 2018.



Q16: Do you currently use tobacco products?

(Cigarettes, smokeless tobacco, electronic nicotine device systems: e-cigs, etc.)



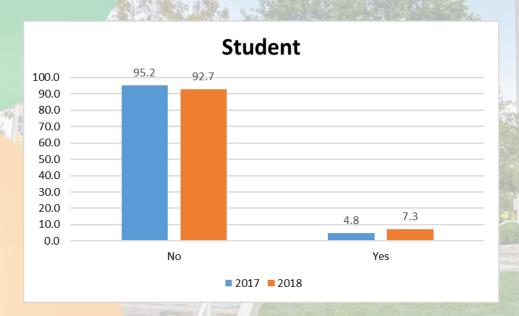
There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.313).





Q16: Do you currently use tobacco products?

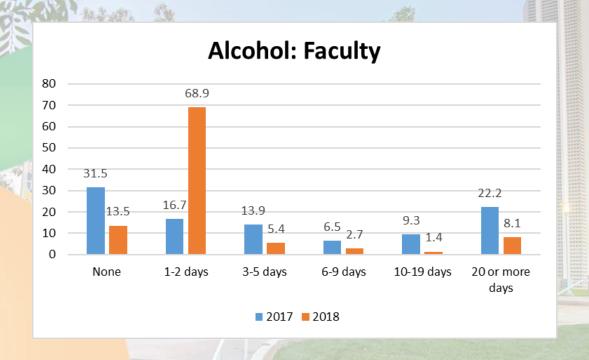
(Cigarettes, smokeless tobacco, electronic nicotine device systems: e-cigs, etc.)



There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.142).



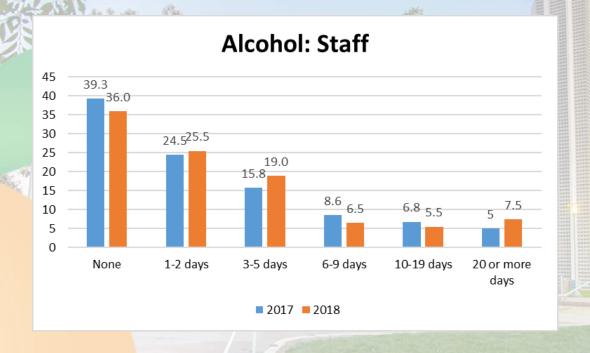




Frequency distributions are significantly different between 2017 and 2018 (chisquare test p-value < 0.001). More faculty drink alcohol in 2018, and most of them have alcohol beverage 1-2 days in the past 30 days.



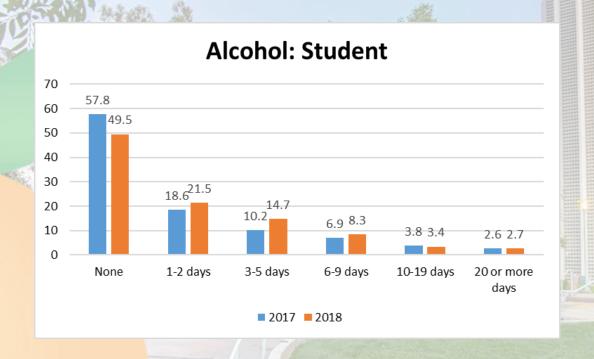




There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.463).



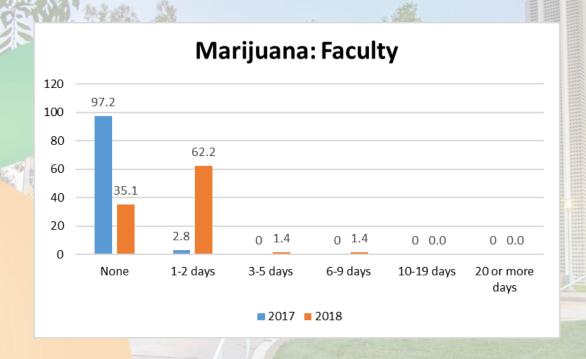




There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.121).







Frequency distributions are significantly different between 2017 and 2018 (chi-square test p-value < .0001). More faculty use marijuana in 2018, and most of them use marijuana 1-2 days in the past 30 days.



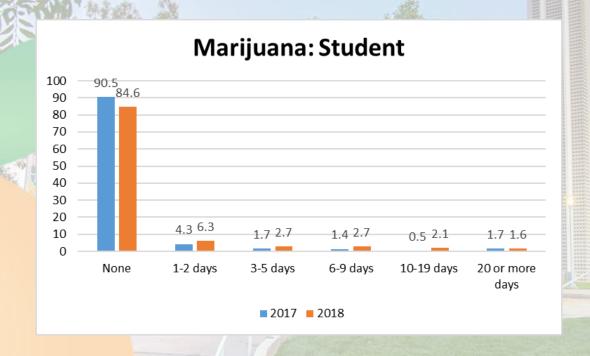




There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.521).



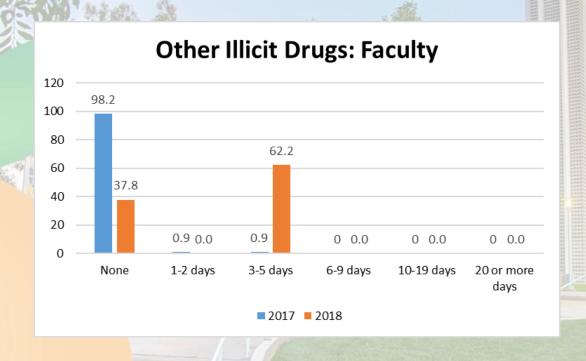




There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.071).



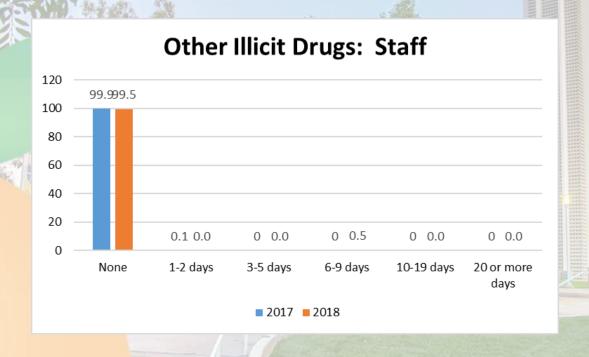




Frequency distributions are significantly different between 2017 and 2018 (chisquare test p-value < .0001). More faculty use other illicit drugs in 2018, and most of them use other illicit drugs 3-5 days in the past 30 days.

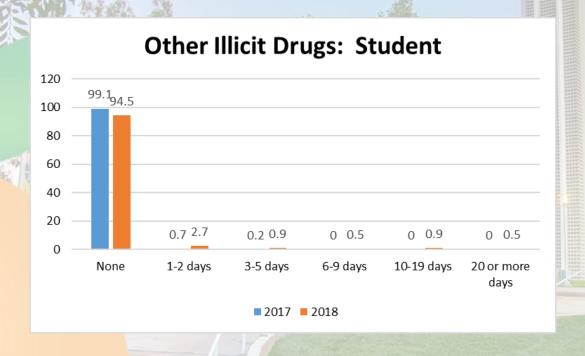






There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.370).

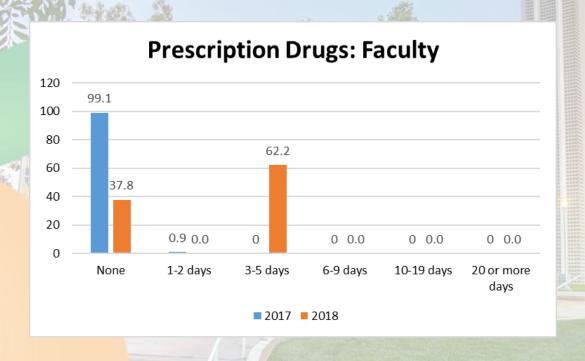




Frequency distributions are significantly different between 2017 and 2018 (chisquare test p-value = 0.004). There is slight increase in using other illicit drugs for students in 2018.



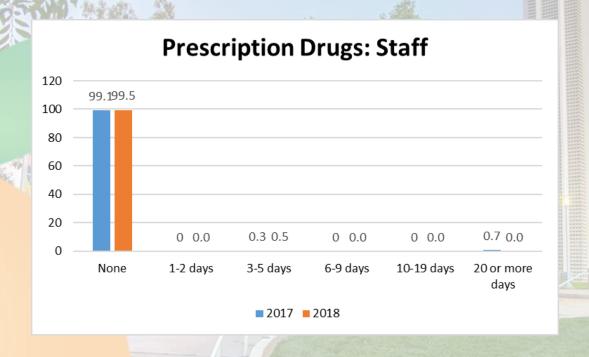




Frequency distributions are significantly different between 2017 and 2018 (chisquare test p-value < .0001). More faculty use prescription drugs in 2018, and most of them use prescription drugs 3-5 days in the past 30 days.



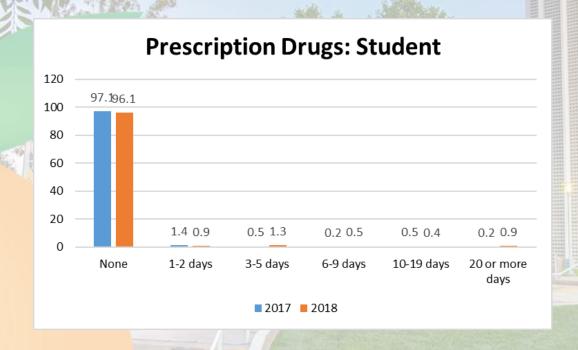




There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.477).





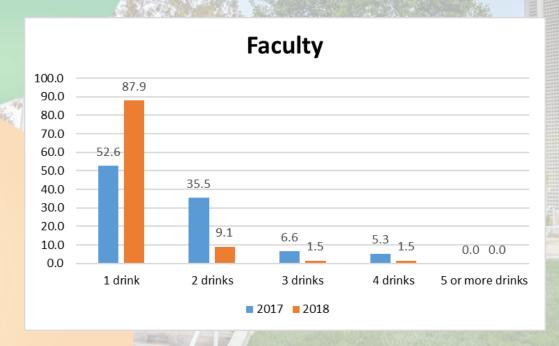


There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.522).





Q18: During the past 30 days, on the days when you drank, about how many drinks did you drink on average?

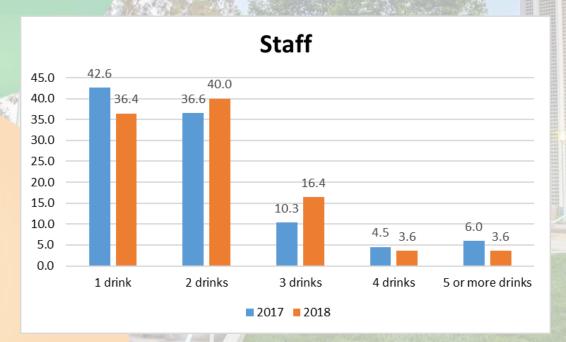


Frequency distributions are significantly different between 2017 and 2018 (chi-square test p-value < .0001). When drinking, most of faculty had only 1 drink in 2018.





Q18: During the past 30 days, on the days when you drank, about how many drinks did you drink on average?

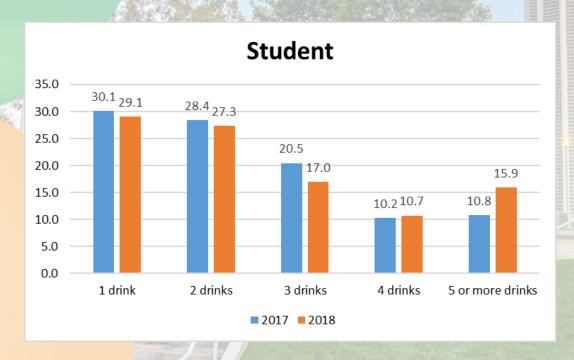


There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.185).





Q18: During the past 30 days, on the days when you drank, about how many drinks did you drink on average?



There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.575).

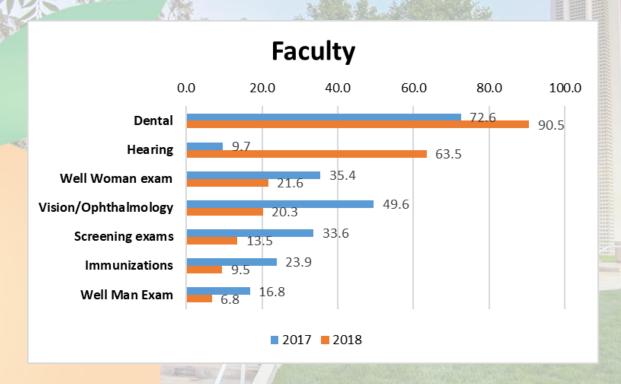






There is no 2017 data for this question.







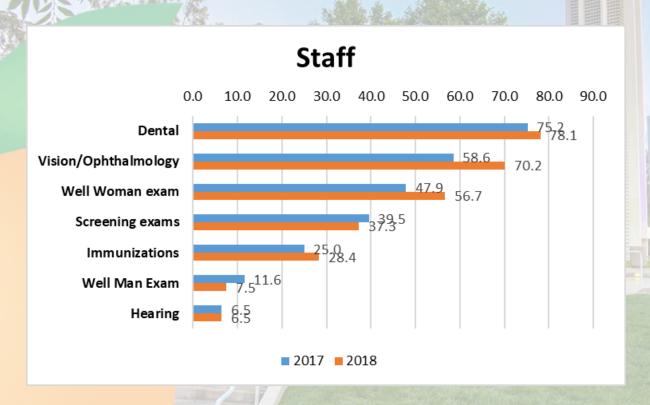


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€	Percentage		Chi-square	CONTRACTOR OF THE PROPERTY OF THE PERSON OF		
		Test p-value				
Dental	72.6	90.5	0.005	Yes		
Hearing	9.7	63.5	0.000	Yes		
Well Woman exam	35.4	21.6	0.065	No		
Vision/Ophthalmology	49.6	20.3	0.000	Yes		
Screening exams	33.6	13.5	0.004	Yes		
Immunizations	23.9	9.5	0.021	Yes		
Well Man Exam	16.8	6.8	0.074	No		

For faculty, there is an significant increase in both dental and hearing exams, but significant decrease in vision/ophthalmology, screening exams and immunizations in 2018.







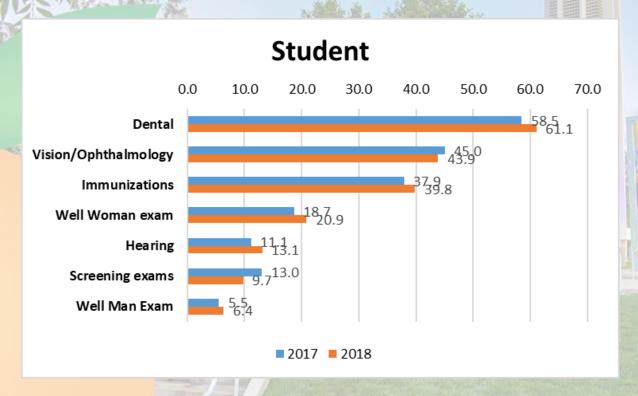




200	Percentage		Chi-square	Significant difference
	2017	2018	Test p-value	Pathone Pathon and Co.
Dental	75.2	78.1	0.447	No
Vision/Ophthalmology	58.6	70.2	0.003	Yes
Well Woman exam	47.9	56.7	0.031	Yes
Screening exams	39.5	37.3	0.624	No
Immunizations	25.0	28.4	0.383	No
Well Man Exam	11.6	7.5	0.121	No
Hearing	6.5	6.5	1.000	No

For faculty, there is an significant increase in both vision/ophthalmology and well women exams in 2018.









	Percentage		Chi-square	Significant difference	
	2017	2018	Test p-value	The Control of Control	
Dental	58.5	61.1	0.461	No	
Vision/Ophthalmology	45.0	43.9	0.773	No	
Immunizations	37.9	39.8	0.588	No	
Well Woman exam	18.7	20.9	0.447	No	
Hearing	11.1	13.1	0.406	No	
Screening exams	13.0	9.7	0.127	No	
Well Man Exam	5.5	6.4	0.639	No	

For students, there is no significant change in 2018 for all exams.





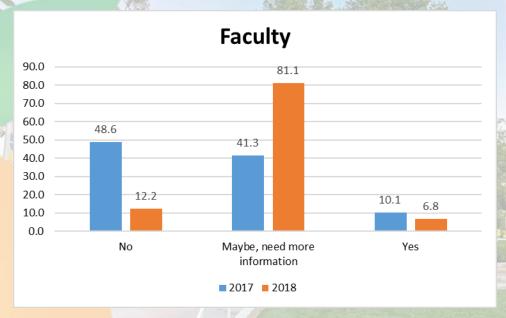
Q21: Have you noticed any changes in the campus culture and environment?

There is no 2017 data for this question.





Q24: Are you interested in participating in the Healthy Campus Initiative Resource Network?



Frequency distributions are significantly different between 2017 and 2018 (chi-square test p-value < 0.001).





Q24: Are you interested in participating in the Healthy Campus Initiative Resource Network?

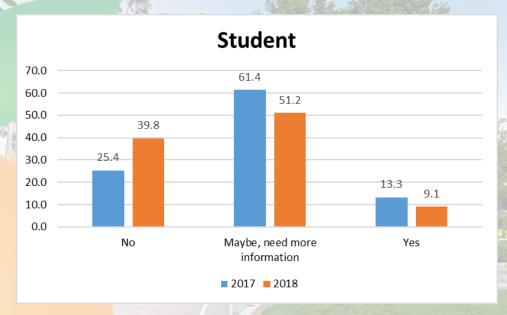


There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.916).





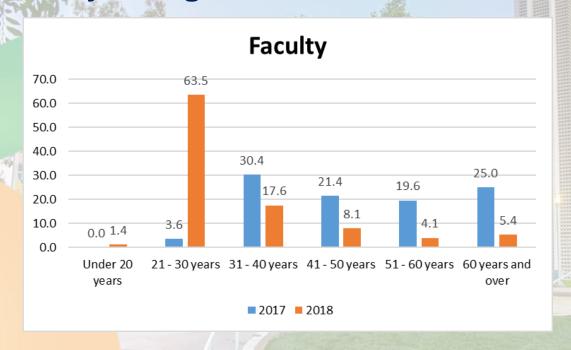
Q24: Are you interested in participating in the Healthy Campus Initiative Resource Network?



Frequency distributions are significantly different between 2017 and 2018 (chisquare test p-value < 0.001).



Q25: What is your age?



Frequency distributions are significantly different between 2017 and 2018 (chisquare test p-value <.0001). Most of faculty participants are under 30 year old in 2018.



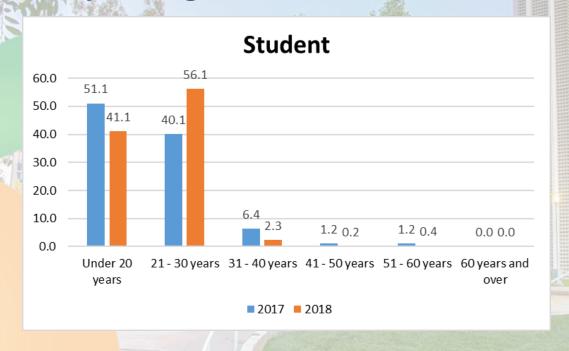
Q25: What is your age?



There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.052).



Q25: What is your age?

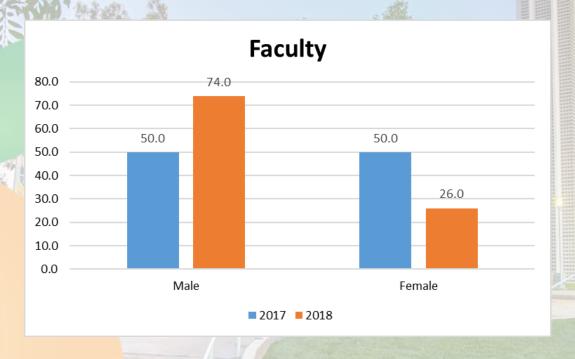


Frequency distributions are significantly different between 2017 and 2018 (chisquare test p-value <.0001). There are less participants younger than 20 years old and more participant between 21-30 years old in 2018.





Q31: What is your gender?



Frequency distributions are significantly different between 2017 and 2018 (chisquare test p-value = 0.002). There are much more male participants in 2018 compared to 2017.





Q31: What is your gender?

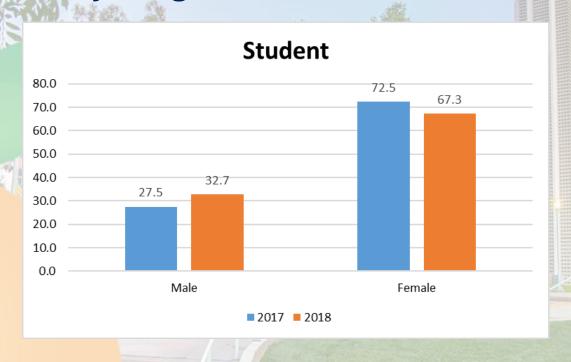


Frequency distributions are significantly different between 2017 and 2018 (chi-square test p-value = 0.004). There are slightly more female participants in 2018.





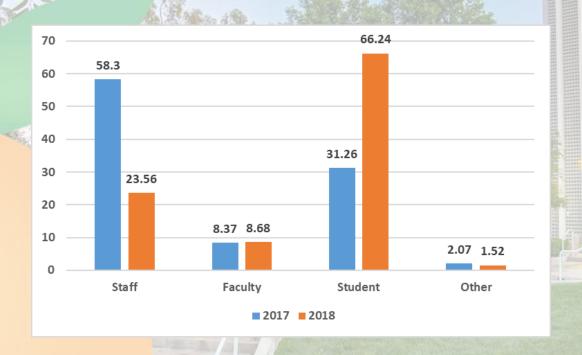
Q31: What is your gender?



There is no significant difference in frequency distributions between 2017 and 2018 (chi-square test p-value = 0.097).



Q32: What is your UCR Affiliation?



Frequency distributions are significantly different between 2017 and 2018 (chisquare test p-value <.0001). There are more students and less staff participating the survey in 2018.